



## **Stoke Park Primary School Nut Policy**

### **Aim**

We cannot guarantee being a nut-free school but we aim to be as nut free as we can. It is impossible to provide an absolute guarantee that no nuts will be brought onto the premises but we will strive to minimise the risk.

### **What we ask of parents:**

Parents and carers are requested NOT to send food to school that contains nuts.

Examples of the items that we do NOT want children to bring to school either as a snack or in their packed lunch include:

- packs of nuts
- peanut butter sandwiches
- fruit and cereal bars that contain nuts
- chocolate bars such as Snickers that contain nuts
- sesame seed products including rolls
- Nutella or other chocolate nut spreads
- muesli bars
- cakes with nuts in them

On food products there is a section that contains allergy advice. If this says that it 'does contain nuts' or 'may contain peanuts' then we DO NOT want you to send these products into school. Many product labels say that the product 'may contain nuts' or 'produced in a factory with nuts'. These products can be brought in but parents are responsible for reminding their children about the importance of not sharing their food.

### **What we ask of staff:**

- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- If a member of staff sees that a child has a nut product in school that child will be asked to eat separately with a member of staff and asked to wash their hands after eating. A letter will then be sent home to parents reminding them of this policy.
- Some staff are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) and will use this training as the need arises.
- Remind children of the importance of washing hands before eating and not sharing their food with other children.

If you have a child who has a nut allergy it is important that the school is informed immediately so risk assessments can be put in place for that child.

